

27. The use of a stress position was also the norm in Anzio Company, namely the detainees learning with their backs against the wall, legs bent and their hands out in front of them resting on their knees. I do not recall seeing any other positions used. I had seen it occurring and it was a method used by various multiple commanders, and both my OC's Major Davis and Englefield had not stopped its use. I have been asked if I can specify which multiple commanders were using stress positions. I am not able after this period of time to remember which multiple commanders were using stress positions. Again I am not aware of how or when I first heard the term 'stress position'. I think it was likely to be in Iraq but it may have been before. However my knowledge of how stress positions are used will definitely have been from my time in Iraq. My understanding is that the use of a stress position is part of maintaining the shock of capture.
28. I understood cuffing in front is allowed, but not behind. I simply cannot recall how I know this. We definitely stopped hooding by the end of the tour, I am not so sure about plasti-cuffing. My understanding is that the use of hooding is partly maintaining the shock of capture and partly a security measure, as was plasti-cuffing.